

Ladies Choice

Easy Fun Dance that Takes 2 People

No hard footwork but whewwww you gotta like your partner

Music: Ladies Choice by Zac Efron (from the Hairspray Soundtrack)

Choreo: Jeff Driggs P. O. Box 1352, St. Albans, WV 25177-1352 www.doubletoe.com

Wait 16 beats left Foot Lead standing side by side 1 2

Part A

Beats Movement

8 Dancers 1 and 2 side by side do Charleston, then 2 basics 1 move CCW diagonally back behind 2, 2 move diagonally to front

8 Dancers do scissors in column then 2 Basics move diagonally CCW to side by side opposite position from beginning

8 Dancers 1 and 2 side by side do a Charleston, then 2 basics 1 move diagonally in front of 2, 2 move diagonally to back

8 Dancers do scissors in column then 2 Basics move diagonally CCW to side by side beginning position

8 Do a Mountain Goat then Twist to Left and Right

8 Drag Triples DS DR S DR S R S DS DR S DR S R S turned 45 left then 45 right – opp hand goes up on drags

8 Do 2 Basic turn away from each other all the way around to face then Joey Jump DS S S S S Jump - put hands on knees

8 Do the Hand Jive facing each other (slap knees x2, clap x2, hand over hand X2, fists x2, thumbs up R then L)

8 Do 2 basics passing right shoulder like do-si-do then run back to home to front with S S S S S Stomp

Repeat Part A

Beats Movement

8 Dancers 1 and 2 side by side do Charleston, then 2 basics 1 move CCW diagonally back behind 2, 2 move diagonally to front

8 Dancers do scissors in column then 2 Basics move diagonally CCW to side by side opposite position from beginning

8 Dancers 1 and 2 side by side do a Charleston, then 2 basics 1 move diagonally in front of 2, 2 move diagonally to back

8 Dancers do scissors in column then 2 Basics move diagonally CCW to side by side side by side beginning position

8 Do a Mountain Goat then Twist to Left and Right

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8 Do 2 Basic turn away from each other all the way around to face then Joey Jump DS S S S S Jump - put hands on knees

8 Do the Hand Jive facing each other (slap knees x2, clap x2, hand over hand X2, fists x2, thumbs up R then L)

8 Do 2 basics passing right shoulder like do-si-do then run back to home to FACE with S S S S S Stomp

Part B

Beats Movement

16 YIKES... slaps up down, side to side, thighs, clap, hands together swipe swipe swipe-n-stay, right hand clap middle,

r clap up, r hand clap middle, r hand grab down, l hand grab down, right hand reach down to floor, raise up r hand up

8 two swivels each beat rotate clockwise 360 right hand waving (like jive/swing dancing)

8 let go run in place 4 both hands up, run straight ahead s s s s Stomp

8 Drag Triples DS DR S DR S R S DS DR S DR S R S turned 45 left then 45 right – opp hand goes up on drags

8 Do 2 Basic turn away from each other all the way around to face then Joey Jump DS S S S S Jump

8 Church Claps: S clap up left S clap up right S clap down left S clap down right, repeat 4 steps

8 Do a Fancy Double then a double and brush

Repeat Part or Part A !

Beats Movement

8 Dancers 1 and 2 side by side do Charleston, then 2 basics 1 move CCW diagonally back behind 2, 2 move diagonally to front
 8 Dancers do scissors in column then 2 Basics move diagonally CCW to side by side opposite position from beginning
 8 Dancers 1 and 2 side by side do a Charleston, then 2 basics 1 move diagonally in front of 2, 2 move diagonally to back
 8 Dancers do scissors in column then 2 Basics move diagonally CCW to side by side beginning position and FACE
 Repeat Part or Part B !
 16 slaps up down, side to side, thighs, clap, hands together swipe swipe swipe-n-stay, right hand clap middle, r hand up, r hand clap middle, r hand grab down, l hand grab down, right hand reach down to floor, raise up r hand up
 Dancers do scissors in column then 2 Basics move diagonally CCW to side by side opposite position from beginning
 8 two swivels each beat rotate clockwise 360 right hand waving (like jive/swing dancing)
 8 let go run in place 4 both hands up, run straight ahead s s s s Stomp
 8 Drag Triples DS DR S DR S R S DS DR S DR S R S turned 45 left then 45 right – opp hand goes up on drags
 8 Do 2 Basic turn away from each other all the way around to face then Joey Jump DS S S S DS S STAMP

Step sequence that we'll be doing in class for demos:

Part A

Charleston, 2 Basics, Scissors, 2 Basics

Repeat

Mountain Goat, Twist Left & Right

Drag Triples, 2 Basics, Jump Joey

Hand Jive, 2 Basics, S S S S S Stomp

Part A

Charleston, 2 Basics, Scissors, 2 Basics

Repeat

Mountain Goat, Twist Left & Right

Drag Triples, 2 Basics, Jump Joey

Hand Jive, 2 Basics, S S S S S Stomp

Part B

Yikes

Swivels (swing dancing), Kick Kick Outkick Kick, S S S S S Stomp

Drag Triples, 2 Basics, Jump Joey

Church Claps, 2 Basics, S S S S S Stomp

Part A*

Charleston, 2 Basics, Scissors, S S S S S Stomp

Repeat

Part B*

Yikes

Swivels (swing dancing), Kick Kick Outkick Kick, S S S S S Stomp