

CANADIAN BREAK THINGY (*double-step, double-hop-touch, PAUSE, break, PAUSE, step, PAUSE, toe, toe, step, and a basic*)

[UP] [S(xb)] (f)
DS DBL HOP TCH PAUSE BRK PAUSE S PAUSE TOE TOE TOE DS RK S
L R L R L R R L R L R L R
&1 e& a 2 & 3 & 4 & 5 & 6 &7 & 8

CROSSOUT GALLOP THINGY (*double-out, cross, out, jump, toe-step, heel-step, skuff-up, flap-step, tap, slide, jog, jog, step, double, toe-touch, slide*)

(apt) (Rxb) (apt) (os) (b) (xb) (os) [UP] (b) (f) (os) (xf) [UP]
DBL BO BO BO JP TOE S HE S SK HOP BR S TAP SL S S S DBL S TCH SL
L LR LR LR L R R L L R L R R L R L R L R R L R
&a 1 & 2 & a 3 e & a 4 e & a 5 & 6 e &a 7 & 8

GALLOP PATTERN (*double-step, toe, heel-step, toe, heel-step, heel-step, heel-step*)

DS BA HE S BA HE BA HE BA HE S
L R L L R L L R R L L
&1 & a 2 & a 3 e & a 4

PERFECT DOUBLE (*double-step, righty-lefty-step, tap, righty-step, tap, slide*)

[DT] (b) (b)
DS DT JP JP TAP DT JP TAP SL
L R R L R R R L R
&1 &a 2e & a 3e & a 4