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Foggy Mountain Breakdown

Artist: Don Reno, Bobby Thompson, and the Cripple Creek Quartet

(From: Reader's Digest: Dueling Banjos: Bluegrass Legends)

Choreo: Andy Howard

Level: Intermediate (Fast)

Intro: 4 beats

SEQUENCE:	A, B, C, A, D, A, Ending
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PART A	Mix It Up	<u>Db</u> s <u>Dbl</u> (xif) <u>Dbl</u> (ots) <u>Db</u> s <u>Dbl</u> (xif) <u>Dbl</u> (ots) <u>RS</u> <u>Brush-Up</u> L R R R L L LR L
	2 Hoedowners	<u>Db</u> s <u>Kick</u> <u>Db</u> s <u>RS</u> <u>Kick</u> <u>Kick</u> <u>Db</u> s <u>RS</u> L R R LR L L L RL <u>Db</u> s <u>Kick</u> <u>Db</u> s <u>RS</u> <u>Kick</u> <u>Kick</u> <u>Db</u> s <u>RS</u> R L L RL R R R LR
	High Horse	<u>Db</u> s <u>Dbl</u> (xif) <u>Dbl</u> (ots) <u>RS</u> <u>Toe-Slide</u> <u>Db</u> s <u>Db</u> s <u>RS</u> L R R RL R R L R LR

PART B	Vine Break Left	<u>Db</u> s <u>Db</u> s (xif) <u>Db</u> s (ots) <u>Db</u> s (xib) (Pause) L R L R L
	Heel-Heel-Up & Basic (Turn ¼ right)	(turn sharp ¼ right) <u>Heel</u> <u>Heel</u> <u>Up</u> <u>Db</u> s <u>RS</u> R R R R LR
	Hard Pump and Triple (Left)	<u>Dbl</u> (back) <u>Brush-Up</u> <u>Tch-Chug</u> <u>Tch-Chug</u> <u>Db</u> s <u>Db</u> s <u>Db</u> s <u>RS</u> L L L R L R L R L RL
	Hard Pump and Triple (Right)	<u>Dbl</u> (back) <u>Brush-Up</u> <u>Tch-Chug</u> <u>Tch-Chug</u> <u>Db</u> s <u>Db</u> s <u>Db</u> s <u>RS</u> R R R L R L R L R LR
	Karate (Turn ½ left)	<u>Db</u> s <u>Kick</u> (front and turn ½ left) <u>Step</u> <u>Kick</u> (front) L R R L
	Double Basic Kick (Turn ¼ left)	<u>Db</u> s <u>Db</u> s <u>RS</u> <u>Brush-Up</u> (turn ¼ left) L R LR L
REPEAT		

PART C	Kentucky On The C	<u>Db</u> s Kick/Drag Step (if and clap) <u>Db</u> s Toe-Step (ib) <u>Heel</u> -Step (ots) L R L R L R R L L
		<u>Heel</u> -Step (xif) <u>Heel</u> -Step (ots) <u>Toe</u> -Step (ib) R R L L R R
	Strum & Triple Back (turn ¼ left)	(turn ¼ left) <u>Db</u> s <u>Db</u> l-up <u>Db</u> l-up <u>Db</u> l-up <u>Db</u> s <u>Db</u> s <u>Db</u> s RS (backing up) L R R R R L R LR
	4 Heel-Steps Forward	<u>Heel</u> -Step <u>Heel</u> -Step <u>Heel</u> -Step <u>Heel</u> -Step L L R R L L R R
	Scotty + Stomp Double Basic (turn ¾ right) ("Bit by Bit")	<u>Db</u> s <u>Db</u> l (xif) <u>Db</u> l (ots) Together Out <u>Stomp</u> <u>Db</u> s <u>Db</u> s RS (¾ right) L R R both both R L R LR
Backwards Joey (Can sub with Mountain Goat)	<u>Db</u> s Step (xif) Step (ib) Step (ots) Step (xif) <u>Toe</u> -Slide L R L R L R R	
REPEAT		

PART D	Chain ("Push Off")	<u>Db</u> s RS RS RS L RL RL RL
	Triple Turn 360 Right	<u>Db</u> s <u>Db</u> s <u>Db</u> s RS R L R LR
	Triple with a Twist (Forward)	<u>Db</u> s <u>Db</u> s <u>Db</u> l-twist (left) twist (right) Up L R L both both L
	Pulley	<u>Db</u> s Drag Slide Drag Step RS (Drag Slide while kicking front then back) L L L L R LR
	Triple with a Twist (Back Up)	<u>Db</u> s <u>Db</u> s <u>Db</u> l-twist (left) twist (right) Up L R L both both L
	Pulley	<u>Db</u> s Drag Slide Drag Step RS (Drag Slide while kicking front then back) L L L L R LR
	Chain ("Push Off")	<u>Db</u> s RS RS RS L RL RL RL
Triple Turn 360 Right	<u>Db</u> s <u>Db</u> s <u>Db</u> s RS R L R LR	

ENDING	"Shave and a haircut"	<u>Stomp</u> <u>Db</u> s (xif) Step (pause) Step (ots) Tch (xif) L R R L L
	Chicken in the breadpan	<u>Stomp</u> <u>Db</u> s (xib) Step <u>Heel</u> -Step (ots) <u>Toe</u> (xib) L R L R R L